

Welcome to **Casa de Vida's House of Hope Transition Program**,

Philosophy and Statement of Non-discrimination for Casa de Vida

Casa De Vida wishes to provide residence for young women and their infants, who are in need of support services. The policy of the Board of Trustees is one of non-discrimination on the basis of race, color, creed, or national origin.

Casa De Vida reflects a respect for life philosophy in a caring environment, which affirms ethical values in sexuality and family life. We endeavor to help the young mother realize she has the capacity to look ahead, to grow, and to control her own life as well as to have ideals and aspirations for her baby. We believe that basic life decisions about her responsibilities, sexuality, and obligations of parenthood involve values that will underlie her decisions and profoundly affect the future quality of her and her infant's life.

Whenever possible, we wish to involve the father of the child and all family members in support of the young mother by means of counseling, support programs, and whatever means that are available to help us achieve these goals.

Good luck!!

What is the *House of Hope*?

The *House of Hope* is a residential/transitional housing program for new mothers and their infants who are 6 months of age or younger. Residents are supplied with a place to live, laundry and cooking facilities, telephone and television service, and access to social assistance. Residents must supply their own food and transportation. Residents pay a program fee while living in the *House of Hope*, and must have employment and childcare arranged prior to the residents move-in date.

Program requirements:

1. Residents must be 18 years or older and have one child under one years old. Housing priority will be given to former Casa de Vida Maternity Home residents. Only the mother and child can reside at the *House of Hope*. Other children, relatives or significant others are not presently eligible.
2. Residents pay a program fee of \$200.00 monthly and \$50.00 monthly for utilities. (First month's rent due prior to moving in)
3. Must have a negative TB test prior to admission.
4. Must take a drug and alcohol test prior to admission. Positive tests are not an automatic exclusion from the program however; random screenings are done as needed or warranted by staff.
5. Mental Health intake
6. A Background/finger print screening.
7. All Residents must be clean, sober, and free of mental illness. No alcohol, drugs, smoking, contraband, weapons, violent, or abusive behavior will be allowed.
8. All residents are required to be working or in school prior to entering the *House of Hope*, and to maintain that status during residency or work in the Clothes Closet in the main house. Note: Volunteer hours are not in lieu of finding paid employment.
9. Work must be a minimum of 30 hours a week.
10. Day care must be arranged prior to entering the program.
11. Residents who are unsuccessful in maintaining employment will be referred to JOIN (Job Opportunities in Nevada), Job Connect or other programs that can assist the resident in finding alternative employment and/or volunteer opportunities. Failure to enroll in job training is grounds for eviction form the program.
12. Residents will pay a refundable deposit of \$10.00 for the key to their room.
13. Residents must make and keep weekly scheduled appointments with the social worker.
14. Attend program classes as scheduled for House of Hope residents.

Want more information?

www.casadevidareno.org

Or call (775) 329-1070

House of Hope Application

Name _____

Date _____

Address _____

Email address: _____

DOB _____ Age _____

Phone _____ Cell _____

SS # _____

Child's name _____ Age _____

Other children? Yes _____ No _____ Ages _____

Physician _____

Pediatrician _____

Is your child current on immunization and well baby check-ups?

Yes _____ No _____

If no why? _____

MEDICAID: Yes _____ No _____ Pending _____ Nevada ✓ Up: Yes _____ No _____

Emergency
Contact _____ Phone _____

Relationship _____ Address _____

Nearest relative not living with you: (Name & Address)

Siblings (Name and Age):

Father of Baby:

Name _____

Address _____

Phone _____

CLIENT INFORMATION:

Allergies _____

Medications _____

Medical
Conditions _____

Legal History (Please list dates and charges):

Drug & Alcohol History (Please put a \checkmark mark by the drugs you have used):

Marijuana _____

Cocaine _____

Amphetamines _____

Prescription _____

Other: _____

Alcohol: _____

At what age did you start using? _____

Have you ever received inpatient or outpatient drug and alcohol treatment?

Yes _____ (If yes, where/when _____)

No _____

Have you or are you currently attending a 12-step program? Yes _____ No _____

Sobriety date _____

Are you receptive to drug and alcohol treatment if necessary?

Yes _____ No _____

If you answered no, why? _____

Are you a tobacco smoker?

Yes _____ No _____

Mental Health:

Have you ever been diagnosed with a mental health disorder*?

Yes _____ No _____ Diagnosis: _____

Are you on prescribed medication for this disorder?

Yes _____ No _____ Please list: _____

Have you ever had psychological/psychiatric inpatient treatment?

Yes _____ No _____

If yes when & where? _____

Are you currently seeking outpatient treatment?

If yes, where _____

***NOTE:** Failure to disclose mental health treatment and/or diagnosis is grounds for eviction from the program.

EDUCATION:

Please list the highest level of education you have completed: _____

Are you currently seeking a diploma or GED now? Yes or No (Circle One)

If not, are you receptive to returning back to school? Yes or No (Circle One)

Are you interested in job training programs Yes or No (Circle One)

OTHER:

Please list some things about yourself that you would like us to know in considering you for the *House of Hope* program:

House of Hope House Rules

No smoking, alcohol, or illicit drugs allowed. If you are suspected of using drugs or alcohol you may be required to take a drug test and if positive you will be referred to appropriate rehabilitation services.

Medication: Residents are responsible for the purchase and administration of their own medications. This includes any over-the-counter medicines such as Tylenol as well. Please see the social worker for a referral to Care Chest if you are unable to pay for a prescription given to you by your physician. *Casa de Vida staff members are not allowed to give or purchase over-the-counter and/or prescription drugs to residents at any time.*

Curfew: All residents must be home at 9 *p.m* every day.

Visitors: Residents of the House of Hope must have all visitors sign in at the main house prior to going next door. (See housemother on duty for questions).

Case Management: All residents are required to meet with the social worker weekly either by phone or in person weekly.

Passes for trips or other special arrangements must be made in advance through the social worker.

Behavior in the house:

- No violent, vulgar, foul or abusive language or behavior will be tolerated.
- Residents should be dressed appropriately at all times when in common areas of the house.
- Residents must be respectful of visitors to the *House of Hope*, and allow for privacy as needed for the other resident and guests. (Please refer to the visitor's policy sheet if you have further questions).

Chores:

Casa de Vida takes great pride in the cleanliness and neatness of their properties, and all residents are responsible for the daily general upkeep of the property at 1260 Mill St. Residents are required to do the dishes, make their beds and *pick up the house* on a daily basis. Residents live independently in the *House of Hope*, but the housemothers do inspect the residence daily. Some chores such as taking the garbage out etc. are chores that must be done weekly. Failure to maintain the cleanliness of the house while there will result in written warnings. Residents receiving 3 written warnings will either be moved to the main house or evicted if the main house is full. Housemothers from the main house will inspect chore requirements as needed. Please see the housemother in the main house for specific instruction and/or questions.

House:

- The Casa de Vida staff will have access to the *House of Hope* for inspections daily and tours as necessary. Residents are asked to keep their rooms locked when they are not in them, as well as to keep valuable items in the provided lockers. *Casa de Vida is not responsible for lost or stolen items.*

- The residence must be kept clean at all times, and beds must be made prior to leaving for the day.
- Each resident is to clean up the kitchen, floors, and bathroom areas after each use. Specific duties will be assigned by staff as needed.
- **Note:** In the event of an accusation of theft, rooms may be searched. Resident's who are not home at the time of the search will be notified in writing that their room was searched while they were away.
- *Any items left in a resident's room after 30 days of termination of services will be considered abandoned and will be disposed.*

Visiting Casa de Vida's Main House:

- House of Hope residents are required to visit the main house and attend the weekly therapeutic group with the staff Marriage and Family Therapist.
- Residents are also required to attend any classes in the main house as designated in the resident's treatment plan when entering the House of Hope program.
 - Residents of the House of Hope should cook and eat their own meals in their own home, but may join the main house for dinner at the invitation of the housemother on duty only.
- Residents of the House of Hope must adhere to the House of Hope guidelines and rules while visiting the main house.

Phone rules:

- Residents will share the phone line. Please limit your calls to 15 minutes.
- Phone cards must be used to access long distance phone service.
- No incoming or outgoing calls allowed after 10 p.m.
- No calls (cell also) are allowed during class or dinnertime.
- Please respect each other's privacy when on the phone.
- All rules above also apply to personal cell phones.

House of Hope's Visitor's Policy

Every resident is responsible for his or her visitor's behavior. If the visitor is not following the house rules, it is the resident's responsibility to explain the rules to them. If for any reason the housemother or social worker feels that it is not in the best interest of the household to have a particular visitor, your visitor may be asked to leave and/or not allowed to visit you here.

The following guidelines apply to all residents and their visitors of the House of Hope:

Visitors' hours are from **10:00am to 12:00 pm and 7:00 pm to 9:00 pm (Evening visitation is only allowed when there are no evening classes scheduled that the House of Hope resident must attend)**. There may be no more than 2 visitors at a time, unless the visitors are your immediate family such as Mother, Father and siblings.

Visitors (male and female) must remain in the living room or dining room areas. No visitors are to go into the bedroom.

- Visitors are expected to follow the house rules.
- Friends should behave appropriately, with no violent behavior or vulgar language.
- Guests should be respectful of the other resident and staff.
- Visitor's should not be under the influence of alcohol or other drugs.
- Guests should leave immediately and respectfully if asked at any time to do so by the housemother or social worker. In some cases, law enforcement may be called if a guest refuses to vacate the premises or follow the house rules stated in this packet.
- Visitor's should not use the telephone without specific permission by either the housemother or the social worker.
- Guests and/or resident's should not remove any items or food from Casa de Vida, without the specific permission of the housemother.
- Resident's and visitors should not engage in public displays of affection while in the home.
- No overnight visitors are allowed, residents who do not adhere to this policy may be asked to vacate the house.
- No Smoking or lit candles

I have read the rules of Casa de Vida's *House of Hope* program and have discussed them with the social worker. I understand that the social worker and housemothers have the authority to enforce the above rules and I agree to abide by the rules and understand that if I do not do so, I may be requested to leave.

Signed _____

Date _____

STATEMENT OF AUTHORITY FOR THE HOUSEMOTHER

The housemother is entitled to enforce all of the rules set by the staff of Casa de Vida. All residents are given a copy of the rules when they are admitted to the *House of Hope* program, and the rules must be strictly adhered to during the residency.

The housemother oversees both houses and occasionally has to “show” the *House of Hope* to prospective residents. Housemothers will leave notes for current residents if the house has been toured while residents are away from the property. During your stay the housemother may assign chores to each resident and it is her responsibility to ensure that you have completed the assigned chore. The housemother also is required to do weekly house inspections to ensure that the resident’s have cleaned their rooms and are maintaining the residence. In the event that chores and cleaning are not completed in a timely manner, the housemother and/or social worker may issue written warnings to those resident’s who do not complete their assigned tasks.

In the role of housemother, it is necessary to monitor the visitors coming to visit *the House of Hope* so that they can ensure the safety of all of the resident’s. All visitors are to sign in at the main house and sign out when they leave. Failure to do this may result in *House of Hope* guests being asked to leave the Casa de Vida property. Visitors must return the visitor pass after visiting the *House of Hope* residence.

In the absence of the social worker, the housemother has been instructed to make appropriate decisions regarding enforcement of the rules and regulations while living at Casa de Vida. Should a resident have difficulty following authority, they may be asked to re-think their desire to remain at Casa de Vida.

Any disrespect for the full-time or weekend housemothers are grounds for immediate eviction and will not be tolerated. Any conflicts that arise that cannot be resolved between the housemother and the resident’s should be brought to the social worker’s attention immediately.

Please sign and date this form, stating that you understand the authority of the housemother during my residency in the *House of Hope*..

Name: _____

Date: _____

RELEASE OF INFORMATION

I _____ authorize the Casa de

Vida Social Worker _____

to contact: _____

for the release of any or all; social, medical, and psychological information concerning myself, which might be pertinent to my progress during my residence while living in the *House of Hope*.

Client _____

Date _____

Witness: _____

CONSENT FOR TREATMENT FORM

I _____ understand that while I am residing at the *House of Hope*, I will be participating in a variety of therapeutic and educational programs. I understand that Casa de Vida provides an abstinence-based program and does not provide information or counseling regarding abortion or birth control in the event of pregnancy during your stay in the *House of Hope*. I understand that all information I disclose will be held confidential unless I sign a written release of information. The exceptions to this are:

1. If I disclose information that indicates I pose a threat to others or myself.
2. If I disclose information regarding abuse/neglect to a child or elderly person.
3. If I am suspected of using alcohol or any other drugs that may pose a threat to my unborn child.

This information will be given to the proper authorities, as stipulated by Nevada State Law.

Client _____ Date _____

Witness _____ Date _____

The House of Hope

Policy: Drug Testing

Description: Casa de Vida's House of Hope has a policy against the use of alcohol, illicit drugs and/or misuse of prescription medications by residents and visitors.

Purpose: This policy is in place to protect the client, other residents of the house and most importantly, your child, from the dangers of drug use.

Procedure:

1. If at any time it is suspected that you are abusing substances, you may be asked to take a drug test and must release the results of that test to the Casa de Vida Social Worker.
2. If you refuse to do so, you may be asked to leave the house.
3. If you do test positive, every effort will be made to assist you in receiving the appropriate rehabilitative services. Resident's may be required to attend mandated 12-step programs as a condition of continued residency in the house.
4. A positive drug test or suspicion of using drugs may result in a report to Child Protective Services and/or any adoption agency that may be involved in your case, in order to protect your unborn child.

Client _____ Date _____

Witness _____ Date _____

INCOME ACKNOWLEDGMENT

This is to certify that my total income is \$_____ which includes any benefits and assistance such as TANF or child support. This income provides for a family of ___ adults and ___ children. Upon entry into the House of Hope program, I agree to pay \$250.00 monthly for program fees and utilities on the first of every month. Please provide the social worker with paycheck stubs when submitting your House of Hope application.

By signing below you are acknowledging that the above statements are true and that you have agreed to pay your monthly fees:

Signed _____ Date _____

Witnessed by: _____

ADULT ARREST AND CONVICTION REPORT

I _____ authorize Casa de Vida to request and review any arrest and conviction reports that may be on record at the Reno Police Department. I understand that this is for the safety of all of our residents, and that the results of the arrest and conviction report will be kept confidential, known only to the staff of Casa de Vida.

Signed _____ Date _____

Witnessed by: _____ Date _____

House of Hope Visitor's Policy

Every resident is responsible for his or her visitor's behavior. If the visitor is not following the house rules, it is the resident's responsibility to explain the rules to them. If for any reason the housemother or social worker feels that it is not in the best interest of the household to have a particular visitor, your visitor may be asked to leave and/or not allowed to visit you here.

Visiting hours are between 5pm and 8pm Monday thru Friday. Visitors coming on the weekend can come anytime before 8pm and can stay up to 3 hours daily. ALL VISITORS MUST SIGN IN AND OUT AT THE MAIN HOUSE PRIOR TO ENTERING THE HOUSE OF HOPE RESIDENCE. (Residents are not allowed to sign in for the guest; housemoms must be the visitor prior to entering the property).

Residents may only have guests visit when the resident is home. Friends and acquaintances cannot stay for excessive lengths.

There may be no more than 2 visitors at a time, unless the visitors are your immediate family such as Mother, Father and siblings.

Visitors (male and female) must remain in the living room or dining room areas. No visitors are to go into the bedroom area past the housemother's room, or in the basement.

Visitors are expected to follow the house rules:

- Friends should behave appropriately, with no violent behavior or vulgar language.

- Guests should be respectful of the other residents and staff.

- Visitor's should not be under the influence of alcohol or other drugs.

- Guests should leave immediately and respectfully if asked at any time to do so by the housemother or social worker.

- Visitor's should not use the telephone without specific permission by either the housemother or the social worker.

- Guests and/or resident's should not remove property of Casa de Vida or items of food from Casa de Vida, without the specific permission of the housemother or social worker.

- Resident's and visitors should not engage in public displays of affection while in the home.

- Visitors are not allowed in resident bedrooms at any time.

House of Hope
Chore list

The housemother or social worker will inspect the House of Hope weekly. It is your responsibility to keep your room clean and assist your roommate in the general pick up of the whole house during your stay.

- Make your bed every morning.
- Keep clothing hung up in closet or folded in dresser.
- Keep items picked up off the floor every day.
- Vacuum house and your bedroom once a week. Residents having a roommate will alternate vacuuming from week to week.
- Dust furniture and window seat once a week. (Alternating weeks)
- Wash your sheets once a week and re-make bed.
- Wash your bathroom towels once a week.
- Bathroom – *Organize a cleaning schedule with roommates:*
 1. Clean toilet, sinks, and showers daily.
 2. Sweep bathroom floor daily.
 3. Mop bathroom floor once a week.
 4. Wash bathroom rugs once a week.
- Food and drinks (except water) are not allowed in bedrooms.
- Put dishes in the dishwasher, hand wash pots and pans and wipe off the counters after each meal.
- Everyone is responsible for garbage removal. If a resident sees that the Garbage can is full it is their responsibility to remove the bag and take it Outside to the large trash can. Garbage cans must be placed on the Street on Thursday evenings for pick up early Friday morning. Girls will rotate this chore.
- All residents are responsible for general pick-up of the living room

TB TEST INFORMATION

As a group home, Casa de Vida requires that all residents have proof of a recent negative TB test on file prior to moving into Casa de Vida. Please give a copy of the completed TB results to the social worker. One location that does TB tests is:

PLEASE NOTE: Skin tests must be read 48 to 72 hours after being done, so you can go on Monday, Tuesday, Wednesday or Friday to have the test done. Please allow for holidays, when determining when to take your test.

**Resource List
Casa de Vida**

MEDICAL & PREGNANCY RELATED SERVICES:

Washoe Pregnancy Center

975 Ryland #105, Reno, Nevada 89502.....**982-5640**

Provides medical services to low-income pregnant women. WPC will see women with Medicaid pending and are Spanish speaking.

Medicaid office (within Pregnancy Center): **982-5239**

Washoe Family Care (Next to Pregnancy Center).....982-5210

UNR Family Medical Clinic

UNR Campus.....784-1533

Provides medical services to low-income families. They will accept Medicaid, and unlike Washoe Pregnancy Center, girls can continue to receive family medical care once their infant is born.

HAWC CLINIC-1055 S. Wells Ave.....329-6300

Offers family practice medicine, pediatrics, women's health care, internal medicine, and dental hygiene. HAWC also has a pediatric mental health clinic for qualified individuals who are in need of counseling/therapy.

Orvis Nursing Clinic.....327-5000

Nurse ran primary medical care clinic. Walk-ins when time permits

401 W. 2nd St

Ste. 100.

Medicaid and TANF

Girls living at Casa de Vida will receive service from the office at

680 S. Rock Blvd, Reno, NV448-5238

This office is open 8:00am-5:00pm M-F. Their fax number is 448-5246.

There is a second office at 3697 Kings Row, which girls will have to go to in order to attend the Managed Care meeting for Medicaid. Their phone number is **448-5000** and their fax number is **448-5094**.

Medicaid provides medical coverage and temporary financial assistance to women who meet the basic income level. Medicaid will cover a woman throughout her pregnancy and up to 6 weeks after she gives birth. The infant is automatically covered from birth. TANF will assist a pregnant woman in her 7th month of pregnancy. TANF will not cover a woman under the age of 18 if she is still legally in the guardianship of her parent(s).

WIC (Women's Infants and Children's Program)

9th Street Complex-Washoe Health Department.....328-2299

Provides pregnant woman with correct nutrition during pregnancy. After the baby is born they supply formula for the infant for the first 2 years. This is a supplemental program and is not intended to provide complete nutritional needs.

Crisis Pregnancy Center
200 Brinkby Ave, Reno NV 89502.....826-5144

The Crisis Pregnancy Center offers a variety of services to pregnant woman including pregnancy testing, counseling and a baby clothes closet.

Care Chest.....829-2273

Care Chest will assist with medical equipment and prescriptions **ONE TIME ONLY.**

EDUCATION – DAY CARE

Career College of Northern Nevada.856-2266

Car Seat Fitting Station.....858-kids

Center for Employment Training.....,,,,,,348-8668

Children’s Cabinet -1090 South Rock Blvd.....856-6200

This organization provides a variety of services including assistance with affordable childcare, parenting and other related classes.

Cyesis (Washoe High)

777 E. 2nd St. Reno NV 89503.333-5150

Cyesis is a high school program for pregnant teens. On site childcare is available.

Early Head Start.....327-5100

Early Head Start serves limited-income pregnant women and families with infants and toddlers up to the age of three. The program offers nutritional services, medical referrals, prenatal support & referrals. Access to counseling services, home visits, and free childcare assistance for those enrolled in the program.

Halima Academy.....857-3025

1201 Corporate Blvd. Reno, NV 89502

Job Corps..... 677-3666

Provides education and counseling services, with emphasis on job training. Has both residential and non-residential program. Can provide transportation from downtown to Stead campus. They can take girls prior to their 3rd month of pregnancy or after they deliver.

Morrison College.....323-4145

Nevada Job Connect.....Reno: 834-1970

Sparks: 336-5400

JOIN785-6106

Provides job training, placement testing and preparation for GED.

Truckee Meadows Community College..... 673-7000

Truckee Meadows Community College Re-Entry & Women's Center.....**829-9041**
The Re-Entry & Women's Center offers assistance with tuition, child care, books transportation, academic advising, career and vocational assessments, personal & group counseling, internships, job referrals.
5270 Neil Rd. , Rm 217 (Across from Sears).

Washoe High School (Adult Education).....**333-5150**

ADOPTION SERVICES

Catholic Community Services.....**322-7073**
Assist with adoption placements. (Alice)

New Hope Adoption Agency.....**720-1715**
Assist with adoption placements

State of Nevada.....**688-2600**

LDS FAMILY SERVICES.....**(800) 537-2229**

INDEPENDENT ADOPTION CENTER.....**(800) 877-6736**

SHELTERS:

Catholic Community Services Provides some shelter for families, require that some rent is paid, and you must have a job.....**322-7073**

CAAW (Committee to Aid Abused Women)..... **329-4150**
Provides emergency shelter to victims of domestic violence as well as support and educational groups for victims of domestic violence.

Faith House**348-2619**
Will provide shelter for women 18 and older, if they qualify for the FFA (Freedom from Addictions) Program or the Search for work program. Cost is \$85.00 per week.

Family Promise non-profit organization consisting of a variety of faith-based organization providing shelter.....**284-5566**

Light House of the Sierra.....**674-4900**

Project ReStart-624 E. Fourth St......**324-5166**
Aids transitional and homeless resident's who are seeking assistance with mental health and substance abuse issues. Money management, case management and vocational rehabilitation and many other programs are currently available.

Reno-Sparks Gospel Mission**323-0386**

HOUSING

Reno Housing Authority329-3630

This program is available to women over the age of 18. They will not accept an application from a woman prior to her 18th birthday. Women with children are high priority, however there is often a long waiting list.

Manage Inc.825-0999

This program can provide low-income housing for qualifying applicants. You need to call to schedule an appointment to meet with them and complete an application with them.

Nevada Rural Housing1-800-426-6232

This program provides low-income housing in the rural areas of Nevada (Fallon, Minden, etc.)

(SEE THE SOCIAL WORKER FOR A LIST OF NON-RENO HOUSING APARTMENTS).

Community Services Agency & Development Corporation (CSA).....1094

E. Eighth St. Reno, NV.....786-6023

CSA has a **Tenant Based Rental Assistance** program. It is a program that gives families help with the cost of moving into a rental apartment. To be eligible, you must be employed and living in motels, or daily or weekly rentals.

City of Refuge.....1-775-782-2034

A Maternity Home for pregnant young women in need of support and services located in the Gardnerville/Minden area.

ADDICTION TREATMENT

Northstar Program (previously NASAC)329-4047

480 Galletti Way, Reno NV. Provides detox & outpatient and inpatient drug and alcohol treatment.

Ridge House.....322-8941

Step 2 (also includes Lighthouse of the Sierra).....787-9411

Provides intensive outpatient treatment (Level I and II) and transitional housing (for women who have completed intensive treatment and are stable in their recovery. Manage the Lighthouse of the Sierra Program, which is a family recovery setting.

Sagewind.358-5145

Provides inpatient and outpatient treatment for adolescents.

New Frontiers (Fallon)..... (775) 423-1412

Vitality Center (Elko).....(775) 738-8004

Alcoholics Anonymous.....355-1151

Narcotics Anonymous.....322-4811

FAMILY COUNSELING

Family Counseling services.....	329-0623
Alpine Counseling.....	823-9133
Children’s Cabinet.....	856-6200
UNR Counseling Center.....	784-1596
Children’s Behavioral Services.....	688-1600
Adolescent Treatment Center.....	688-1633
Washoe Medical Center Life Skills.....	982-4327
West Hills Hospital.....	323-0478
Nevada Hispanic Services.....	826-1818
HAWC Clinic (bi-lingual adolescent counseling).....	329-6300

Note: Medicaid recipients should contact their welfare workers for mental health referrals.

MENTORING GROUPS

Big Brothers/Big Sisters	352-3202
Truckee Meadows Boys & Girls Clubs.....	331-3605
Young Lives Mentoring Program	848-3058
(Teen pregnancy mentors)	

LEGAL SERVICES

Washoe Legal Services.....	329-2727
(Ask for Pro Bono Coordinator: Ext 30	
Washoe County Public Defenders (Juvenile).....	328-3464
Youth Parole.....	688-1421
Whittenberg Hall.....	328-2770
McGee Center.....	856-4600
Child Support Office.....	789-7100
1 California Ave, Reno	

DNA TESTING SERVICES

DNA Diagnostics Center-1-800-362-2368- www.DNACenter.com
DNA Paternity test- (800) 330-5299
DNA/Forensic/Paternity Testing-(877) 451-4363 – www.genetictechnologies.com

FAMILY RESOURCE CENTERS

Family to Family Connections.....	333-5086
Family Resource Center.....	856-6200
PEACE Project... ..	355-6880

EATING DISORDERS

ABC Nutrition Services	329-0505
Center for Hope of the Sierras.....	828-4949

TB TESTING

Orvis Nursing Clinic.....	327-5000
St. Mary’s Health Network (Moana office).....	770-3000
HAWC Clinic (For established patients only).....	329-6300
Concentra.....	332-6052
Need a doctor’s note from your OB/GYN	
Washoe Urgent Care (established patients only).....	982-6394

Carson City Referral Numbers

ADVOCATES OFFICE.....	883-7654
CARSON CITY CENTER FOR INDEPENDENT LIVING.....	841-2580
CARSON TAHOE HOSPITAL.....	882-1361
COMMUNITY HEALTH NURSE.....	887-2195
CRISIS PREGNANCY CENTER.....	885-1700
FISH.....	883-3777
HISPANIC SERVICES.....	885-1055
HUD.....	784-5383
JOIN PROGRAM.....	885-8353
MOM'S CLINIC (MONDAY'S ONLY).....	885-4761
NEVADA WOMEN'S FUND.....	786-2335
NEW HORIZONS.....	885-6418
Carson City Alternative High School: Provides educational, health and emotional support to pregnant students and those with children. Located in Gleason School.	
STATE WELFARE OFFICE.....	684-0800
TANF.....
Temporary Assistance for Needy Families located at 755 N. Roop #201	
WIC.....	687-5123